

Opioid Awareness Training

ACCSH Emerging and Current Issues Workgroup

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Overview

- Why Important?
- Opioid Awareness Training: Purpose and Content
- Evaluation
- Feedback and Changes
- New Training Modules

Why Important?

- Overdose rate for construction 6-8 times rate for all workers (Davis et al. and CPD)
- Suicide Rate by occupation highest in U.S. (CDC)
- COVID-19 pandemic increases concern

"...coronavirus pandemic a national relapse trigger."

NYT, March 26, 2020

COVID-19 Creates New Challenges for Workers Suffering from Opioid Addiction

NAHB, April 22, 2020

Opioid epidemic still plagues trades during COVID-19 storm

Journal of Commerce, June 25, 2020.

"Workers' use and abuse of opioids especially concerns employers in industries with high injury rates."

EHS Daily Advisor, June 23, 2020

COVID 2019-suicides: A global psychological pandemic

NCBI, April 22, 2020

Opioid Awareness Training: Purpose

1. Improve knowledge about opioids and related substance use and mental health:
 - What are opioids and how they work
 - Why and how construction workers have been so affected by the epidemic
 - How to Prevent, Treat and Recover from Opioid Use Disorder
2. Inspire and motivate trainees to act:
 - Get more information and share it
 - Identify risk factors and take protective actions
 - Practice a culture of health and wellness
 - Support workers in the trades who are struggling

Opioid Awareness Training: Content

- What's the Problem?
- Understanding Opioids
- Prevention and Harm Reduction
- Understanding Treatment and Recovery
- Overcoming our Common Struggles

Evaluation

- Train the Trainer sessions
- One completed training and evaluation (COVID-19)
- Feedback from all trainers
- Feedback from NABTU Opioid Task Force

Feedback and Changes

2 hours is too long (2.5 in practice)

- 1-hour session more likely to be used
- Shorter sessions (20-30 minutes) preferred

Content changed for online dissemination

- Removing Break-Out Discussion Questions
- Utilize Polling

Mental Health and Wellness needs own module

- COVID-19
- Suicide Awareness

New Training Modules

1. Introduction to Opioid Hazard Awareness
2. Prevention
3. Treatment and Recovery
4. Common Struggles
 - Mental Health
 - COVID—19
 - Suicide Awareness

Questions?

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